Guam Head Start School Readiness Assessment

Help us to identify ways that Head Start can support you in creating positive child outcomes.

Name of Child:_____Registration #:_____Center:_____

Help us identify ways that Head Start can support you in creating positive child outcomes by entering the number that best describes your family in each area of the table below

1 = My family is not sure how to help my child in this area and needs lots of ideas.

2 = My family needs some help finding activities to help my child.

3 = My family knows activities, but wants more ideas.

4 = My family knows a lot of activities in this area and shares this knowledge with others.

PARENT RIGHTS	Prior to SY	Update
I understand my Parent Rights under the Department of Education. 1. I have **limited knowledge** or understanding of Parent Rights under DOE, FERPA, or the IDEA. 2. I have **some knowledg**e of Parent Rights and I know who and where to go to voice their complaints. 3. I have **past experience** using Parent Rights under DOE, FERPA or the IDEA. 4. I am **able to help other parents** to understand their Parent Rights under DOE, FERPA, or the IDEA.		
APPROACHES TO LEARNING	**Prior to SY**	**Update**
Emotional and Behavioral Self-Regulation – We can help our child take care of their feelings; follow classroom rules and routines; take care of classroom materials; and control actions, words, and behavior.		
Cognitive Self-Regulation – We can help our child to control strong feelings and behavior; keep themselves focused on what they are doing; follow directions with some reminders; and think of different ways to do things or solve problems by themselves or with other children.		
Initiative and Curiosity – We can help our child make choices and tell other adults and children; ask questions and look for more information; do new things even if it seems difficult.		
Creativity – We can help our child express their thoughts, feelings, or ideas; think of new ways to solve problems that they might not have thought of before; and use their imagination to play or create things.		
SOCIAL AND EMOTIONAL DEVELOPMENT	**Prior to SY**	**Update**
Relationships with Adults – We can help our child to feel comfortable doing things with other people who they may not know; ask adults for help or permission when needed; and listen to directions from adults.		
Relationships with Other Children – We can help our child to take turns or share toys with other children; develop friendships; play with at least one other child; and express them		
Emotional Functioning – We can help our child express their different feelings through sounds, gestures or words; understand how others are feeling; and show care and concern for others.		
Sense of Identity and Belonging – We can help our child to know their abilities and feelings; to be aware of the thoughts and feelings of others; recognize their name; and know some characteristics that are the same or different between themselves and others.		
LANGUAGE AND COMMUNICATION	**Prior to SY**	**Update**
Attending and Understanding – We can help our child to join in conversations with others; remember directions; and show that they understand questions by using sounds, gestures, or words.		
Communicating and Speaking – We can help our child to explain exactly what they need; use words (spoken or sign) to questions when they do not understand something; communicate clearly; and express themselves in different ways such as using a whisper to tell a secret.		
Vocabulary – We can help our child use two to three new words a day during activities; recognize words; guess the meaning of new words using clues; identify things that are shared in common; and use different words that have similar meanings (such as glad or happy)		
LITERACY	**Prior to SY**	**Update**
Phonological Awareness – We can help our child use words that rhyme and say the beginning sound in a spoken word (such as "Dog begins with d").		
Print and Alphabet Knowledge – We can help our child understand that words are made by putting letters in a group; identify the parts of a book (such as front, back, title, author); and recognize letters and their sounds.		
Comprehension and Text Structure – We can help our child to re-tell a story that was read; tell a personal story using two to three events that happened; identify characters in a book or story; and ask and answer questions about a book that was read aloud.		
Writing – We can help our child to copy simple words; try to write words on their own; and write their first name.		
MATHEMATICS DEVELOPMENT	**Prior to SY**	**Update**
Counting and Cardinality – We can help our child to count or sign to at least 20 by ones; count up to 5 objects; understand whether the number in one group is more or less than the number in another group; and recognize and write some numbers up to 10.		
Operations and Algebraic Thinking – We can help our child add and subtract with fingers, objects and drawings; and understand simple repeating patterns (such as red, blue, red).		

Measurement – We can help our child measure objects based on height or weight; and use words such as shortest, heavier, or biggest.		
Geometry and Spatial Sense – We can help our child use words to identify, compare and explain positions such as up/down or front/behind.		
SCIENTIFIC REASONING	**Prior to SY**	**Update**
Scientific Inquiry – We can help our child identify the five senses (smell, touch, sight, sound, taste) and use them to make observations; describe things that they observe with their senses (such as lemons taste sour or play dough feels sticky); and use scientific words such as observe, describe, compare, contrast, question, predict, experiment, reflect, cooperate, or measure.		
Reasoning and Problem-Solving – We can help our child ask questions that can be answered through an investigation such as "What do plants need to grow;" make a prediction based on what they know such as "I think that plants need water to grow;" and tell others what happened in their experiment.		
PERCEPTUAL, MOTOR, AND PHYSICAL DEVELOPMENT	**Prior to SY**	**Update**
Health, Safety, and Nutrition – We can help our child dress themselves; brush their teeth on their own; listen to adults when in unsafe situations such as holding an adult's hand to cross the street; understand safety such as not touching a hot stove; tell others what they like to eat; choose healthy foods; and tell adults when they are hungry, thirsty, or have had enough to eat.		

Parent Interest Survey

Head Start provides training, referrals, support, and resources to help meet your family's interests and needs. Please put a check mark (✓) all topics that interest you.

Preventive Health Practices – please specify:

- ☐ Nutrition Education
- ☐ Exercise / Physical Fitness
- ☐ Dental Care
- ☐ Prenatal & Postpartum Care
- ☐ Hypertension / High Blood Pressure
- ☐ Tobacco Cessation (smoking / chewing)
- ☐ Stress/Anger Management
- ☐ Chronic Diseases – Heart disease, Stroke, Cancer, Diabetes, Arthritis, Other – specify:_____

F**amily Issues** – please specify:

- ☐ Effective Parenting and Discipline
- ☐ Effective Communication
- ☐ Fun Activities for Children and Families
- ☐ Helping Children Cope with Loss – Divorce, Separation or Grief
- ☐ Family Literacy – "How to Read to Your Child"
- ☐ Child Growth and Development
  - ☐ Challenging Behaviors
- ☐ Male / Father Involvement Activities
- ☐ Family Planning
- ☐ Guardianship Issues
- ☐ Parent Rights
- ☐ Parenting Teenagers
- ☐ Child Mental Health & Wellness
- ☐ Parenting Children with Special Needs/Disabilities – Specify:_____
- ☐ Parenting Children with Special Health Care Needs – Specify:_____

Issues that Place Families at Risk – please specify:

- ☐ Depression/Extreme Sadness
- ☐ Suicide
- ☐ Maternal Depression
- ☐ Family Violence Prevention
- ☐ Child Abuse & Neglect Prevention
- ☐ Substance Abuse Prevention ☐

Personal Improvement – please specify:

- ☐ GED / Adult High School
- ☐ Time Management
- ☐ Self-Esteem
- ☐ Starting Your Own Business
- ☐ Budgeting and Money Management
- ☐ Job Search
- ☐ Financial Aid –grants/scholarships

Safety Issues – please specify:

- ☐ First Aid & CPR
- ☐ Fire Safety
- ☐ Accident / Injury Prevention
- ☐ Pedestrian Safety
- ☐ Car / Passenger Safety

Other – Specify: _____

- ☐ I would like information presented in my primary language – Specify:_____
- ☐ I am interested in being a Parent Volunteer ☐ Regularly (more than twice a month) ☐ Occasionally

Sometimes families find themselves in difficult situations and may need extra assistance. Head Start staff are available as a source of support during these difficult or stressful times. If we cannot give direct assistance, we will try to connect you to other community support services. Please contact your Family Service Worker if, at any time, you need assistance in any situation, emergency/crisis or otherwise.

PRINT Name of Parent/Guardian: _____

Signature of Parent/Guardian: _____ **Date:** _____

Signature of Staff: _____ **Date:** _____